Balance Training & Daily Living Support Care Kit™

Patients insist, "I won't fall." Instead of contradicting them, or annoying them with "Falls Prevention," this kit offers Balance Training and other practical daily living aids. Our goal is to inspire people with a goal, "strong and steady on my feet." Our clients agree: "Now that's something I can see myself getting better at."

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Blood Sugar Control Care Kit™

A Proven Winner! At one teaching hospital, Care Kit users had 90% fewer readmissions than a group who attended diabetic education classes alone. "I finally get it!" said one user. "I had library books and listened to others, but only after I read this kit's Short Story did I understand how blood sugar works. With a Care Kit, no one has to run for a dictionary." They don't run looking for tools either. This kit has all the essential tools and ties them into 1 plan with 3 goals.

Results

University Hospital of Case Western Reserve, in Cleveland, saw a decrease in readmissions and returns to the ER from giving the Care Kit to patients.

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COPD Care Kit™

Chronic disease sufferers often feel guilty and depressed. So this kit gives uplifting support and reasons for living. Four goals organize all the self-care tasks and the included tools—like ear wraps, tube connectors and a pill organizer—help make it easier to manage. One grateful home health agency says, "The kits are tremendous in keeping our patients out of the hospital. Patients concur: "I don't forget a thing because of my Care Kit."

Also Available:
SKU #22160 w/Peak Flow Meter w/o Pulse Ox
SKU #22360 w/Peak Flow Meter & Pulse Ox

Results

"The manner in which [the kits] are put together with Step by Step instruction on self care makes it quite simple for patients...put[ting] the necessary supplies in the patient's hand immediately is another benefit."

-Fern Lentini
VP, AMA Solutions
American Medical Association

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Dementia Care Kit™

This Care Kit collects the wisdom of families who have struggled with their loved ones' decline. See here what they've learned about how to manage. You'll find the most practical tools and priorities, directly from families' experience, letting you achieve caregiving goals and minimizing the stress. Don't go it alone—listen to people who've learned the hard way!

Results

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Heart Failure Care Kit™

Proven Winner, again and again! This best-seller has reduced readmissions by up to 73%. The core of the kit is a familiar metaphor: A HF heart is a "tired workhorse." Three easy-to-remember goals organize self-care tasks and proprietary tools and vetted devices make it easier to comply. A patient reports, "I was in the ER 3 times in 2 weeks. The third time they gave me a Care Kit and I've stayed out for 4 years running now."

*Larger Scales and BP Cuffs Available

Results

"Nothing else we did had as great an impact as the SelfCareKit. $2.2MM saved in one year."
-Alan Howard, RN MDiv Clinical Specialist
St. Joseph Medical Center
Lexington, KY
Disease Management Association of America
Conference Proceedings, 2004

Aurora Health System of Wisconsin saw a 72% Reduction in Readmissions

"I went to the hospital three times in two weeks. On the third time, they gave me a SelfCareKit. I've followed the directions, used all the contents, and stayed out of the hospital for four years running now."
-Miles R.
Arlington Heights, IL

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Pneumonia Care Kit™

This Care Kit is designed to keep patients with pneumonia from being readmitted to the hospital. A major quality measure! One reason for relapse is impatience. People try too soon to get back to normal—and fall back to the ER. This kit lays out an action plan with tools to measure how to know when you have fully recovered. "I had pneumonia before," recalled one user. "The kit taught me to be especially careful and know when to return to work."

Results

First of its kind. Designed to help hospitals dramatically decrease Pneumonia readmissions!

We all know that one big reason people come back to the hospital with pneumonia is: They get restless and impatient. They get up and try to get back to normal too soon—and fall back into the ER. Here's the kit that gives the patient an action plan and tools to measure results for a successful recovery.

Help patients stay at home after discharge!

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Stroke Care Kit™

This Kit has everything patients need to help get "back to normal" after a stroke and prevent another. Two goals make self-care tasks straightforward. Recognizing warning signs is easy using the included BEFAST Magnet Board. A Shopping List and "Three Kinds of Exercise" Poster make meal planning and exercise clear and simple. The included Digital Blood Pressure Monitor and Log Book make is easy to see warning signs and share information with your doctor.

SKU #80050

A New Approach

Do your patients say, "I'm not having another "Stroke" even when you know they are at risk?

How unique! I have never seen Stroke explained this way. My patient was easily able to follow the care plan.

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